

| BELT SIZE | FITS WAIST UP TO (This is measurement around stomach at belly button) | BELT WIDTH | BELT LENGTH |
|-----------|--|------------|-------------|
| SMALL | 33" | 8 1/4" | 35" |
| MEDIUM | 38" | 8 1/4" | 41" |
| LARGE | 44" | 9 1/2" | 46" |
| X-LARGE | 49" | 10 1/4" | 51" |
| XX-LARGE | 58" | 10 1/4" | 60" |

WASHING INSTRUCTIONS

Upon initial use, wipe down your waist trimmer with a damp cloth. Use a clean dry cloth to fully dry off or air-dry it overnight until fully dry. To keep your waist trimmer belt clean, use a clean wet cloth and mild soap to wipe down the inner lining of the belt. Wipe several times and then rinse with warm water. Use a clean dry cloth to wipe fully dry, or air-dry overnight.

It is important that you do not wash your waist trimmer belt in a washing machine as this can cause the fabric to stretch out or damage the neoprene or lining.

Do not machine dry or use an iron on your waist trimmer belt as the neoprene can melt and damage to your belt and/or iron.



SLIM DESIGN

WEAR DISCREETLY UNDER CLOTHING



5 SIZES AVAILABLE

EXCEPTIONAL SUPPORT



DOUBLE VELCRO

FOR EXTRA SUPPORT



NON-SLIP DESIGN

TO REPEL MOISTURE

Congratulations on the purchase of your waist trimmer belt. The belt is a high compression waist trainer that can help trim your midsection. Made with latex free premium neoprene, simply place the trimmer around your waist with the Velcro closure in the front. The waist trimmer belt is designed to wear underneath your workout attire.

Please follow the guidelines below to ensure the best possible experience with your belt.

When performing abdominal exercises, your body will produce heat that your waist trimmer belt will keep within, causing excess sweat. This excess sweat can help reduce excess water weight.

1. It is critical to keep your body hydrated while you are wearing the waist trimmer belt.
2. Do not use if you are allergic to neoprene. If you are unsure, test the product first and discontinue if a rash or irritation develops. Do not wear over any open wounds or if you are susceptible to dermatitis.
3. Do not wear for extended periods of time. 2 hours is the maximum period of use but can be used daily. Do not wear while sleeping.
4. The product is designed to use during exercise, it is not intended for any other purpose such as back support or aid in lifting.

LEGAL DISCLAIMER

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Actual product packaging and materials may contain more and different information than what is shown on our website. We recommend that you do not rely solely on the information presented and that you always read labels, warnings, and directions before using or consuming a product.